



ROOSTER TALES is published by the Pioneer Country Emmaus Board of Directors for the local Emmaus Community, with editions every month except for December. The Newsletter Editor can be reached by email at PCEmmausNewsletter@gmail.com or Lin.edmondson@att.net or by phone at 405-742-5019.

February 2019



# **ROOSTER TALES**



February Gathering will be held on February 16, 2019 at St. Matthews UMC, 300 North Air Depot, Midwest City, OK73110.

Emmaus Board will meet at 3 PM and community will gather for a potluck meal at 5:30 PM. Worship service with Holy Communion will begin at 6:45 PM.

We will commission the March Walk teams at this worship service.

Contact Nina Lipe, 2019 Gatherings Board Rep, two days in advance, if you need child care services during worship time.

The potluck social time and the worship time are both open attendance. You do not need to have already attended a Walk to Emmaus to be able to come join us. Please, members, contact your friends and family members and invite them to come enjoy this time with us. There's no better way to get to know folks than to come and eat and then worship with Holy Communion together. Potential candidates for upcoming walks would certainly enjoy the chance to socialize and get a feel for what our Emmaus Community is like.

We have lots of new members on our Emmaus Board, and along with that comes lots of fresh new ideas. You owe it to yourself to attend the meetings and be an integral part of the revitalization of our community.

### MARCH WALKS

March walks are set. The teams have been meeting regularly and are very excited and prepared to serve. Men's walk will be March 7-10, 2019 with Lay Director Rod Wanger. Women's walk will be March 28-31, 2019 with Lay Director Jeannie Millican. Both walks will be held at Oak Park Retreat Center, 805 E Kirk, Perkins, OK, 74059.

\*\*\* Note the dates are 3 weeks apart this time, due to scheduling conflicts. \*\*\*

Please get pilgrim applications to Peety ASAP.

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#### **UPCOMING DATES**

- April 2019 Gathering, Wesley UMC, 1401 NW 25th, Oklahoma City, April 13th
- Easter, April 21, 2019, so we moved the April Gathering to second Saturday instead of third Saturday.
- May 2019 Gathering, Quayle UMC, 5001 N Everest Ave, Oklahoma City, May 18th.
- June Gathering, Wesley UMC, 101 S Baker, El Reno, June 15th.
- July Gathering, Good Shepherd, 10928 SW 15th, Yukon, July 20th.
- August Gathering, Lost Creek UMC, 8002 S Washington, Stillwater, August 17th.

## A NOTE FROM YOUR COMMUNITY LAY DIRECTOR



February 2019



Hello Pioneer Country Emmaus Community,

I wish to inform the community of a decision made by your Board at the January meeting.

The Board wishes to let the community know we are stepping out in Faith that you, the community, will provide pilgrims for the 2019 spring and fall walks. All walks for 2019 will take place.

There will be no minimum number of pilgrims required for these walks.

The community needs to step out in Faith and pray, pray, pray about your role as a sponsor and pray, pray, pray, about the pilgrims who should be on these walks.

DeColores,

Ken Edmondson

**"Faith** is taking the first **step** even when you don't see the whole staircase." ~anon



### DO YOU HAVE FAITH?

"Many of us say that we live by faith, that we have faith in God to do what He says He will do. But when it comes time to answer that call, to live that life that He calls us to live we fail to completely trust Him."

"Just as He provided for Eilijah's needs so will He provide what we need to carry out our service to Him."

https://www.sermoncentral.com/sermons/stepping-out-on-faith-david-rogers-sermon-on-growth-in-christ-102339

"There are special times in our lives when God desires to use us to achieve His divine plan. Too often we do not respond to His call and allow that special moment to pass us by. We find some reasons or excuses for not doing what God has called us or I should say ordained and equipped us to do."

\*\*\*\*\*\*\*\*\*\*\*

Dr. Robert L. Rease

https://sermons.faithlife.com/sermons/43941-seize-the-divine-moment-step-out-on-faith

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# THE NEW EPIDEMIC

I'm an introvert by definition. Most people I know would argue with that because I chat up pretty much everybody; cashiers, waiters, nurses, the mailman, other people pumping gas, the list goes on and on. I was actually voted "Friendliest" two years in a row in high school! But, when I'm tired and need to recharge, I need to be alone. No crowds for me. So, as I find myself in retirement still adjusting to the fact that I'm not constantly stimulated by the barrage of people for 40+ hours a week, you'd think I'd become more of an extrovert, but no. Old habits are hard to break, I guess.

So why am I telling you all of this anyway? Well, I read an article recently about the new epidemic facing America, especially Baby Boomers. It's loneliness. Thanks to technology, we find ourselves in a time of extreme isolation. Most of us don't know our neighbors, even their names. You don't have to go shopping, everything is right at your fingertips on-line, even groceries! Pizza and Chinese food are not the only meals delivered to your door now, even McDonald's uses Uber Eats. Kids delivering newspapers on bicycles and someone assisting you with a phone call if you "dial" "o" are distant memories. The service provider who mows your lawn wears ear buds so he can listen to his music and drown out the world around him. Loneliness. It's creeping into our lives and most of us don't even realize we are willing victims. If you haven't read about it, you may be feeling it, or recognizing it in someone you know or love.

I'm lucky enough to say that I have lots of friends who invite me to things, however, I find myself falling back into my introvertness and wanting to stay snuggled up with my blanket by the fire in my comfy clothes and recliner. Then, after I've turned down the invitation, during the time of the event, I regret saying no. I, like most humans, need interaction with real people. People you can have a real conversation with, using complete sentences, and not just "K" and "TY" in short bursts of electronic exchange. People you can actually get to know on a deeper level and not just observe remotely on Facebook.

I've volunteered on many a Walk since mine in 2004. While I was employed, I chose not to regularly attend the monthly Gatherings because of that introvert 'gotta recharge myself for the next week' mentality. But, now that I am retired, I have to say I find the Emmaus Gatherings as enjoyable as I have always found the Walks to be. I have friends in Emmaus that I only know and see during those events. Friends from all walks of life, with experiences so varied I'll never get bored talking. Friends who are willing to offer a prayer or a helping hand any time you need one, or both. Friends who may actually be struggling with this loneliness thing, too, if you wanna know the truth.

So, grab your calendar and put the 2019 Gatherings and Walks on it right now! You can find them at <a href="www.pioneercountryemmaus.org">www.pioneercountryemmaus.org</a>. Call a friend or someone who went on your Walk to go with you. And don't back out when the fire is warm and the weather outside isn't, because the company will be. They're free, they're fun, and most importantly, they're fulfilling. This is an epidemic we can stop in its tracks.

"Therefore, encourage one another and build each other up."  $\,$  1 Thessalonians 5:11 NIV

"And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another." Hebrews 10:24-25 NIV

#### DeColores!

Nina Lipe, Pioneer Country Walk to Emmaus # 90, Table of Esther, First Church, Downtown OKC

THE SOLITARY BOOMERS

YEAR ROUND, LONELINESS AND ISOLA-TION ARE COMMON ISSUES FOR SEN-IORS, AND A RECENT ARTICLE IN THE WALL STREET JOURNAL HIGHLIGHT-ED THIS GROWING PROBLEM AMONG THE BABY BOOMER GENERATION.

Baby boomers are now the loneliest generation in U.S. history—and that designation comes with its own unique set of health risks, Janet Adamy and Paul Overberg report for the Wall Street Journal.

The article, entitled <u>The Loneliest Generation: Americans. More Than Ever, Are Aging Alone</u>, discusses the topic of senior loneliness, a subject that I frequently blog about because it is both so common and such a serious issue, impacting both mental and physical health for seniors.

As the article notes, according to U.S. census data, approximately one in 11 people age 50 and older does not have a spouse or partner, nor a living child. That means around eight million seniors do not have a close loved one, who would typically be a primary source of care and companionship for an older person.

And this number is expected to increase as the Baby Boomers grow older. Unlike their parents before them, Baby Boomers typically had fewer children, and their marriages ended in divorce at a far greater rate than earlier generations. In fact, according to census data, more than a quarter of Baby Boomers are either divorced or were never married. As a result, roughly one in six Boomers now lives alone.

Among those most likely to live on their own and lack a partner or close family are older college-educated women. This is in part because a woman's life expectancy is nearly five years longer than a man's. But it is also because 27 percent of American women age 50 and over were widowed or never married, compared to only 16 percent of same-aged

Read the full article here:

https://www.mylifesite.net/blog/ post/baby-boomers-loneliness-crisis/



### **TEAM 149**

Keep these teams in your prayers. And be sure to sign up on the Prayer Vigil sheet. Do you remember when you were on your original walk, just how much impact it had on you when you saw that list of people who had been praying for you? Remember being in awe of the faithful servants who stayed up until the wee hour of the night, just to pray for you, by name ???

Give this blessing to others as you were blessed yourself.

"Then they told what had happened on the road, and how he had been made known to them in the breaking of the bread."

Luke 24:35(NRSV)



**Rod Wanger** Lay Director **Rob Scholls** Asst. Lay Director 1 Alan Childers Asst. Lay Director 2 Tom Ellis Asst. Lay Director 3 Craig Lewis Asst. Lay Director 4 Cooper Ames Asst. Table Leader Asst. Table Leader Scott McMurry David Smith Asst. Table Leader Don Kuntze Asst. Table Leader Ron Ward Asst. Table Leader Joel Foglestrom Table Leader Adam Jarvis Table Leader Joe Nelson Table Leader Ken Morris Table Leader Robert Rowley Table Leader Rev. Don Jones Spiritual Director Rev. Brian Matthews Asst. Spiritual Dir Rev. David Johnson Asst. Spiritual Dir Rev. Connie Barnett Asst. Spiritual Dir Rev. Max Rudd Asst. Spiritual Dir Don Cole Music Director Monte Daugherty Kitchen Manager Patsy Rains Dining Room Mgr Katrina Jarvis Snack Manager Janet Jarvis Asst. Snack Mgr Nina Lipe Agape Manager Pam Allen Prayer Room Mgr Nancy Blair Prayer Room Karen Roper Prayer Room Bryan West Team Assistant Bill Bunch Team Assistant Jerry Bower Team Assistant Randy Jarvis Team Assistant Jeff Bull Board Rep

### Emmaus inside team, Walk 150

**Board Rep** 

Peety Luka

**Spiritual Directors** 

Rev. Wendelyn Perceful

Rev. Linda Grounds

Rev. Cali Depue Eck

Rev. Michael Burkett

Rev. Crystal Hughes

Musicians

Rev. Valerie Steele

**Lay Director** 

Jeannie Millican

ALD

Donna Elswick ALD 2

Kelley Essary ALD 1

Carol McCain ALD 3

Bonnie Bower ALD 4

ATL

Dena Lewis

Mickey Miller

Cathy Burkett

**Lindsay Burress** 

Cindy McMurry

TL

Anita Haftek

Jayna Sims

Julie Bunch

Karen Roper

Amy Stowe

#### Support Emmaus Team, Walk 150

Kichen

Scott Scherman

**Sharon Flowers** 

Barry Millican

**Dining Room** 

Pam Dimski

**Snacks** 

Patty Wanger

Karren Brown

Agape

Nina Lipe

Linda Edmondson

Prayer

Carla Brannon

Diane Scheele

**Team Assisstants** 

**Heather Spiva** 

Karen Mitchell

Tessa Stutzman

Susan Ledgerwood

"Hear my prayer, O LORD, listen to my cry for help." –Psalm 39:12 (NIV)[i]

"Lord, teach us to pray." -Luke 11:1

"After Jesus said this, He looked toward heaven and prayed." –John 17:1

"They all joined together constantly in prayer." –Acts 1:14

"And pray in the Spirit on all occasions with all kinds of prayers and requests." —Ephesians 6:18

"Pray continually." -1 Thessalonians 5:17

Throughout the Bible, believers are called to pray.

Please be in prayer for the Team members of Walks #149 and #150.



## **Prayer Room Schedule**

# Men's Walk #149 - March 7-10, 2019 Women's Walk #150 - March 28-31, 2019

# **Friday**

<u>Talk</u>	<u>Time</u>	Men's Walk	Women's Walk
Priority	8:40 AM	Rob Scholls	Kelly Essary
Prevenient Grace	10:45 AM	Rev. Brian Matthews	Rev. Cali Depue Eck
Priesthood of All Believers	1:15 PM	Don Kuntze	Lindsay Burress
Justifying Grace	2:35 PM	Rev. David Johnson	Rev. Michael Burkett
Life of Piety	6:05 PM	Cooper Ames	Cindy McMurry

## **Saturday**

<b>Talk</b>	<u>Time</u>	Men's Walk	Women's Walk
Grow through Study	8:15 AM	Alan Childers	Dena Lewis
Means of Grace	9:45 AM	Rev. Don Jones	Rev. Wendelyn Perceful
Christian Action	2:30 PM	David Smith	Bonnie Bower
Obstacles to Grace	4:00 PM	Rev. Connie Barnett	Rev. Crystal Hughes
Discipleship	6:30 PM	Scott McMurry	Mickey Miller

# Sunday

Talk	<u>Time</u>	Men's Walk	Women's Walk
Changing our World	8:05 AM	Craig Lewis	Cathy Burket
Sanctifying Grace	9:10 AM	Rev. Max Rudd	Rev. Linda Grounds
Body of Christ	10:30 AM	Ron Ward	Carol McCain
Perseverance	12:30 PM	Rod Wanger	Jeannie Millican
Fourth Day	1:30 PM	Tom Ellis	Donna Elswick

### Major events for Men's Walk #149

Send-off is 7 PM on Thursday, March 7th

Candlelight is 8:00 PM on Saturday, March oth

Tear-down is 6:00 AM on Sunday, March 10th

Conference Room tear-down is 3 PM on Sunday, March 10th

Closing is 4:00 PM on Sunday, March 10th

# Major events for Women's Walk #150

Send-off is 7 PM on Thursday, March 28th

Candlelight is 8:00 PM on Saturday, March 30th

Tear-down is 6:00 AM on Sunday, March 31st

Conference Room tear-down is 3 PM on Sunday, March 31st

Closing is 4:00 PM on Sunday, March 31st

### **EMMAUS**

The walk to Emmaus is an experience of Christian spiritual renewal and formation that begins with a three-day short course in Christianity. It is an opportunity to meet Jesus Christ in a new way as God's grace and love is revealed to you through other believers.

The Walk to Emmaus experience begins with the prayerful discernment and invitation from a sponsor. After one accepts this invitation they complete an application. The Emmaus leaders prayerfully consid- Lereach applicant and in God's time, the person is invited to attend a three-day experience of New Testament Christianity as a lifestyle.

Following the three-day experience, participants are joined in small groups to support each other in their ongoing walk with Christ.

### HELP NEEDED

We are asking Community members to come help set up at 6 PM on the Wednesday evening prior to each Walk and to also help with tear-down on the Sunday of each Walk. These times vary and an email will be sent beforehand with the times.

Help is always needed in the Kitchen, Dining Room and Agape Room before and after meals, especially on Friday and Sunday mornings. The meal times are: Friday 8:00 AM / 12:30 PM / 5:30 PM; Saturday 8:00 AM / 12:00 PM / 5:40 PM; Sunday 7:30 AM / 11:45 AM. If you have plenty of time to spare, come

to the Kitchen any morning, check in with the Kitchen Manager, who will be wearing a red apron, and ask where help is needed. If your time is more restricted, show up an hour before any meal to help finalize meal preparation, serve plates, and clean-up afterwards. Immediately after clean-up, the Dining Room will be set up for the next meal.

Also, please take a look at the Prayer Room Schedule, which will be posted in the Kitchen, and try to visit before, during, and after at least one of the speakers.

# UPDATE YOUR CONTACT INFORMATION, PLEASE.

We really want to get the database corrected. There is a Google Form on the PCE website to correct any address, phone number, and email changes. We will also have forms available at Gatherings for people to complete.

And, speaking of updating information, it has come to my attention the roostertales@gmail account has been inactive for several years.

## New Email address:

PCEmmausNewsletter@gmail.com or send to Newsletter Board representative.

Ken Edmondson	Community Lay Director	c: 405 612-3082	kdedmondson@att.net
Susan Good	Asst. Community Lay Director	c: 405 274-4867	smgood2@gmail.com
Wendee Perceval	Community Spiritual Director	c: 405 473-2764	wperceful@gmail.com
Shauna Becker	Asst. Community Spiritual Director	c: 405 820-3178	Shauna.02becker@gmail.com
Marvin Scheele	Secretary/Training	h: 405 330-3751	mscheele3@cox.net
Zona Scholl	Treasurer / Photographer	c: 405 922-6817	zona@scholls.net
Carl Callicoat	Facilities / Security	c: 405 269-2953	carlcallicoat@yahoo.com
Jeff Bull	Facilities / Security	c: 405 312-3063	okiebull13@gmail.com
Karen Mitchell	Facilities / Security	C: 405 820-3829	Karen.mitchell23@yahoo.com
Peety Luka	Registrar	c: 405 386-7472	lukar@dobsonteleco.com
Fran Parkhill	Kitchen/ Snacks	c: 405 850-5168	jfranparkhill@gmail.com
Monte Daughety	Kitchen/ Snacks	c: 405 474-0007	montedaughety@gmail.com
Dena Lewis	General Agape	c: 405 650-4266	Dena.lewis@me.com
Karen Morris	Personal Agape	c: 918 557-2711	kmorris16@suddenlink.net
DesiRae Keenum	4th Day	c: 405 510-5834	adamekeenum@gmail.com
Nina Lipe	Gatherings/ Music	c: 405 596-3353	NinaLipeokc@gmail.com
John Miller	Chrysalis Coordinator	c: 405 887-8573	jmillers4@yahoo.com
Linda Edmondson	Newsletter	c: 405 742-5019	Lin.edmondson@att.net PCEmmausNewsletter@gmail.com

We are an Emmaus and Chrysalis Community, serving central Oklahoma and the Greater Oklahoma City area.

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